

Seneca Sunbeam

Seneca Sunrise LLC

June 2011

Annevar Fun!



1+2+5 = 8 What Do We Appreciate Stayin' Alive! Stayin' Alive!

The theme for Ravenna's Annevar parade this year was 125 and Stayin' Alive, so we made it into a cheer and had resident cheerleaders on our float. We received second place in the commercial division. SS cheerleaders from left to right are Merle Keilig, Fern & Roy Sigler, Gail Traver, Gladys Miller, med aid Colleen Mieth, Mary Spotanski, Martha Kuster, Fern Majer & Ruby Niebur. Head cheerleader, who also rode the float, is Bev Moore marketing/public relations director.



Residents also performed a skit during the Miss Annevar Pageant, "Does Your Chewing Gum Lose It's Flavor On The Bedpost Overnight?". Participants included L to R & top to bottom - Fern Majer, little girl chewing gum & Pam Dethlefs activity director; Fern & Roy Sigler, bride & groom; Helen Tillson walking dog Holly; Merle Keilig, jogger; Elaine Behrendt & volunteer Gin Robson, hot guy watchers; Martha Kuster, bird watcher; Gladys Miller; strolling with dog Allie; Ruby Niebur, bowler; Rosanda Schroll, painter; and Bob Stickney, baseball player. continued >

Annevar Fun Continued!

The storyline was that a little girl puts her chewing gum on the underside of Seneca's Sunny-side Park bench which then gets stuck on the others' hands, pants, nose, scooter tire, bowling bag and in dog hair before being put back under the bench. Then the little girl comes along again and remembers her gum which she then pulls from under the bench and puts back in her mouth! Yuck! Actually in the passing of the gum, silly putty was used, the same color as the gum to make it look more real. Even with a few little blunders, the skit drew a lot of laughs from the crowd, especially when the residents hammed it up. Co-directors of the skit were Bev Moore & Pam Dethlefs and they would like to thank the residents for allowing them to dress them in character and having some of them act like kids again. Also a special thanks to Brett Shipp of Family Physical Therapy for being our "hot" guy.

Pie Anyone?

With everything else going on during Annevar, only two residents got involved in the pie baking, Fern Majer and Rosanda Schroll, and were assisted by Adrianna Trent, daughter of Judy, director of resident care. Each Annevar there is a pie contest where pies entered, are judged and then given to the Lions Club to be served at their food stand downtown. Seneca Sunrise entered six pies in the contest, winning a second & third place on two of them. Good job gals.



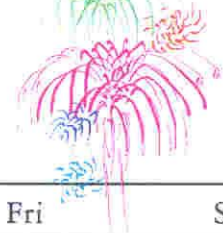
Featured Resident Of The Month



Rosanda Schroll was chosen as the featured resident for June. She has had a very full life. She graduated from RHS & then taught school for two years. She then married Ferd and they had six children. She now has 22 grandchildren and at least a dozen great-grandchildren. She raised her family on a farm northwest of Ravenna where she also helped work in the fields. She sold jewelry after her youngest started school and drove school bus for two years. Rosanda enjoys painting and took painting classes. She has recently gotten back into it and in the photo, she's holding two of her paintings she's done in the past few months. Her husband was very talented too, doing woodworking projects which produced oak tables, cedar chests, doll houses, toys and many other beautiful items. Rosanda did some of his finish work and made animals out of wood. She also liked to sew and made a daughter's wedding and bridesmaids' dresses and a little boy's suit just to name a few of her creations. She enjoyed creative sewing and did embroidery work on pillowcases and pillow tops, using every different stitch possible. After her children had left home, Rosanda joined FEMA in 1989 and was part of the disaster organization for 18 years. A Massachusetts flood was her first trip, then she helped out with riots at Los Angeles, a Virgin Islands hurricane and a typhoon in Gaum, taking applications for the people needing assistance. She moved into Ravenna in 1990 and then into Seneca in August of 2006. Plans are being made to take Rosanda to the Minden Opera House in mid July to see a play, something she's been wanting to do. Go have some fun on us Rosanda!



July 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
-----	-----	-----	-----	-----	-----	-----

Communion Services

Methodist - 1st Sunday - 2:00

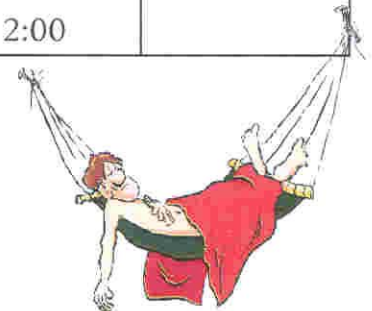
Lutheran - 2nd Tuesday - 1:00

Catholic - Fridays - 10:00

Community Church Service - Sundays - 2:00

Exercise 9:30	2
Newsletter	Social
2:30	Hour
Family Pot	2:00
Luck 5:30	

Cards and Games 2:00 3	Social Hour 2:00 4th Of July Holiday 4	Crossword Puzzle 9:30 Resident Council Meeting 2:00 5	Chair Exercise 9:30 Seneca Choir 2:30 6	Bible Study 9:30 Bingo 2:00 7	Chair Exercise 9:30 Pitch Card Party 2:00 8	Social Hour 2:00 9
Cards and Games 2:00 10	Chair Exercise 9:30 Shopping 1:00 Manicures 2:00 11	Word Games 9:30 Music w/The Lemburgs 2:00 12	Chair Exercise 9:30 Crafts 2:00 Gospel Music 7:00 13	Bible Study 9:30 Bingo 2:00 14	Chair Exercise 9:30 Seneca Choir 2:30 15	Social Hour 2:00 16
Cards and Games 2:00 17	Chair Exercise 9:30 Shopping 12:30 Bus Tour 1:30 18	Manicures 9:30 Ladder Ball 2:00 19	Chair Exercise 9:30 Featured Resident 2:00 20	Bible Study 9:30 Bingo 2:00 21	Chair Exercise 9:30 Music w/Marlene & Clayton 2:00 22	Social Hour 2:00 23
Movie and Popcorn 2:00 24	Chair Exercise 9:30 Shopping 1:00 Manicures 2:00 25	Brain Teasers 9:30 Bowling 2:00 26	Foot Clinic 9:00 Birthday Party w/Musical Notes 1:45 27	Bible Study 9:30 Bingo 2:00 28	Chair Exercise 9:30 Millionaire Trivia Game 2:00 29	Social Hour 2:00 30
Cards and Games 2:00 31	Activities Are Subject To Change					

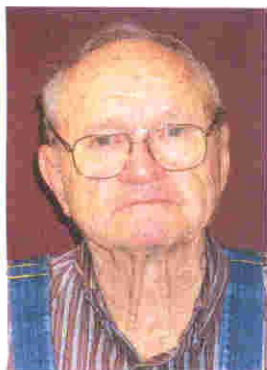


Meet The Newest Residents



Sylvia Jakubowski has joined us from Rockville, where she lived for twenty-seven years & on a farm north of Rockville prior to that. She was a farm wife, helping out with a lot of things. She raised three daughters and a son which in turn have given her a dozen grandkids and nine and a half great-grandkids. She also worked at Gin's Tavern in Rockville for several years, doing whatever needed to be done. She used to enjoy going out to eat with friends in Grand Island and tried to find a different place to eat each time. She also used to embroider on quilt blocks for quilts that she gave to her kids and grandkids. Sylvia was a member of a card club and still enjoys playing cards, which is becoming a daily thing with her and some of the other residents. She also enjoys Bingo and socializing.

Meet the Muhlbachs, grandparents of 5. Don and Marie come to us from a farm south of Ravenna, where they raised two daughters and son Duane, who took over the farm, with Don being still somewhat involved. Don graduated from Ravenna and studied agriculture for a year and a half at UNL and was in the ROTC. Then while farming, he had a seed business, selling mostly wheat and oats. He was active in the community, helping neighbors when needed & was a member of the Lions Club and the Farm Bureau. He has a dummy (for lack of a better word) who's name is Donny. Don has done his ventriloquism with Donny in several different towns, mostly at churches and schools. Hopefully the other residents will get to meet Donny in the near future. Don has also enjoyed bowling and now at Seneca, enjoys reading, socializing and taking part in Bingo, singing and exercise class.




Marie, a Litchfield graduate, did secretarial studies at Kearney State College and worked as a secretary before marrying Don. Since then she has been very involved in the community also. Besides being a farmwife, she was a 4-H Club leader, Sunday school and Bible school teacher. Then after the kids had left home, she worked as a nurse's aid at the Good Samaritan Center in Ravenna, retired, and then worked at the library. Marie has enjoyed knitting dish clothes, crocheting doilies & scarves and quilting wall hangings for family gifts. She says she still enjoys sewing, reading and puzzles. At Seneca, she also enjoys exercise class, singing and Bible study. We are so happy that Marie, Don and Sylvia have joined us.

World Elder Abuse Awareness

June 15th marked the 6th anniversary of World Elder Abuse Awareness Day which highlights the pain and suffering many elderly people face which often goes unnoticed. The key objective of the WEAAD is to raise awareness of elder abuse throughout the world. In the photo at left, Bev Moore, marketing/public relations director,



gives a presentation to bring awareness to our residents. Those pictured L to R - Merle Keilig, Don Muhlbach, Bob Stickney, Marie Muhlbach, Gladys Miller, Benita Spaulding and Martha Kuster.

 Seneca Sunrise LLC
710 Grand Ave.
Ravenna, NE 68869

308-452-4444

seneca4you@yahoo.com



**Seneca Sunrise
Independent &
Assisted Living**

Enjoy a new beginning
With carefree living

We're On The Web!

Visit us at
senecasunrise.com

Happy Birthday!



Madeline Adelung
June 2nd



Merle Keilig
June 13th



John Chabal
June 23rd



Wilbur Newland
June 29th



Irene Stittle
July 1st

Four residents celebrated birthdays in June and were entertained by the wonderful piano music of Janice Chramosta at the June birthday party. For the month of July, there is only one resident that will be celebrating a birthday. Irene Stittle's birthday is on the first and it will be celebrated again at the monthly birthday party, which is held the fourth Wednesday of the month. Please join Irene and the other residents for cake, ice cream and musical entertainment, an all around fun time!

July 2011

Sun

Mon

Tue

Wed

Thu

Fri

Sat



HAPPY 4TH OF JULY

<p>FRIED PORK CHOPS BOILED POTATOES PORK GRAVY CALIFORNIA BLEND FRUIT COCKTAIL CAKE</p>	<p>ROAST BEEF MASHED POTATOES GRAVY CREAMED CORN CASS. RED-WHITE-BLUE PIE</p>	<p>BEEF TIPS ON NOODLES BROCCOLI W/ CHEESE COLESRAW CHOCOLATE PEANUT SUPREME</p>	<p>FRIED CHICKEN MASHED POTATOES GRAVY HARVARD BEETS GREAT PEACH DESSERT</p>	<p>SALMON LOAF FRIED POTATOES CREAMED PEAS REFRIGERATOR DESSERT</p>	<p>CORNISH HENS MASHED POTATOES GRAVY/BUTTERED CORN CHERRY PIE LIME GELATIN</p>	<p>TURKEY BUTTERED POTATOES CREAMED PEAS DRESSING PUMPKIN DESSERT</p>
<p>TURKEY ROAST MASHED POTATOES GRAVY / DRESSING PEAS & CARROTS BLUEBERRY CHEESECAKE</p>	<p>PORK RIBS W/ BBQ SAUCE HASHBROWNS COUNTRY GREEN BEANS OREO DESSERT</p>	<p>FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY CORN PECAN PIE BARS</p>	<p>HAMBURGER STEAK MASHED POTATOES BEEF GRAVY SCANDINAVIAN BLEND ECLAIR CAKE</p>	<p>HAM BONE W/ PINTO BEANS CORNBREAD SWEET POTATOES CHOC. CREAM PIE</p>	<p>ROAST BEEF OR LIVER AND ONIONS MASHED POT./ GRAVY CAULIFLOWER W/ CHEESE GERMAN CHOC. CAKE</p>	<p>MEATLOAF BAKED POTATO MIXED VEGETABLES APPLE CRISP</p>
<p>SALISBURY STEAK MASHED POTATOES BEEF GRAVY CAULIFLOWER HOT FUDGE PUDDING</p>	<p>BAKED BEEF STEAK AUGRATIN POTATOES COUNTRY GREEN BEANS UP-SIDE DOWN SUNSHINE CAKE</p>	<p>CHICKEN STRIPS MASHED POTATOES CHICKEN GRAVY CALIFORNIA BLEND PEACH PIE</p>	<p>BAKED PORK CUTLET SCALLOPED POTATOES PEAS & CARROTS BANANA CAKE</p>	<p>SWEET & SAVORY BEEF ROAST/ GRAVY SCANDINAVIAN VEGIES ANGEL FOOD CAKE</p>	<p>BAKED BEEF STEAK BOILED POTATOES BEEF GRAVY CORN DIVINE PIE</p>	<p>PORK ROAST MASHED POTATOES PORK GRAVY BROCCOLI W/ CHEESE BREAD PUDDING</p>
<p>PORK CHOPS ORANGE GLAZED YAMS GREEN BEANS W/ CHEESE CHOCOLATE OATMEAL PEANUT BUTTER CAKE</p>	<p>MEATLOAF BAKED POTATO BUTTER BEANS LIME CHIFFON DESSERT</p>	<p>FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY CORN MIXED FRUIT DESSERT</p>	<p>VEAL CUTLETS MASHED POTATOES BEEF GRAVY BAKED CABBAGE BANANA SPLIT DESSERT</p>	<p>COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY PEAS & CARROTS CHOCOLATE CREAM PIE</p>	<p>TURKEY HASHBROWN CASSEROLE BROCCOLI CHERRY JELL-O POKE & POUR CAKE</p>	<p>PARM. CHICKEN BREA MASHED POTATOES CHICKEN GRAVY SCANDINAVIAN BLEND CHERRY CHEESECAKE</p>
<p>BAKED PORK STEAK BOILED POTATOES MUSHROOM SAUCE BEETS FRUIT COBBLER</p>						

COME AND JOIN US FOR LUNCH!

\$6.00 A PLATE

JUST LET US KNOW 2 DAYS IN ADVANCE